

## Attitude: The #1 Factor That Determines Your Success!

'Have a winning attitude'- You've lost count of the number of times you've heard this from self- help gurus, from your colleague or maybe even from your next- door neighbor. And needless to say, you always haven't liked what you have heard. You've muttered 'Why do all these fools keep saying the same old stuff?' to yourself.

But have you ever wondered if this is just another cliché or something that can transform your life totally? Let's see how it actually works. How you do anything is how you do everything. Your attitude towards life is your attitude towards everything. How you look at life in general can be termed as your attitude towards life. If you look upon everything negatively, you allow pessimism to rule you. Yet, on the other hand, a positive attitude heightens your self- esteem. With positivity surrounding your life, you'll also be able to influence others positively.

In this context, I define success as simply the progressive realization of a worthy ideal in life. A winning attitude paves your way towards the realization of a worthy ideal in more ways than you can imagine. A winning attitude gives you control over your emotions, to allow you to take charge of your circumstances where you act on circumstances and not the other way round. Having the right attitude gives you control over your emotions and ultimately allows you to make better decisions in your life.

The basic step to developing that winning attitude within you is to first learn to feel great about yourself. By doing so, you will experience more happiness and fulfillment in life. And this puts you in a position to help others and set their lives in order.

Keeping and maintaining a positive attitude might be difficult at the start. The fastest way to acquire a positive attitude is to hang around in the company of positive people. The human mind is an utterly sensitive region and the moment it experiences a change in surroundings it starts responding.

Positivity is infectious by nature. The more time you spend with a positive attitude person, the more likely you are going to be influenced to think, feel and speak positively. And as time passes, you will acquire a positive attitude as well.

To reinforce the positive attitude internally, you have to possess the self-belief that it is possible for you. To first have, you need to be that person internally. You need to believe with great conviction that you can acquire and achieve that winning attitude. Your self- belief should move up with every passing day. The secret behind a winning attitude is the belief that nothing is impossible.

The moment you think what you believe in is impossible to attain you're unintentionally making space for negativity. Everyone wants to be a winner but what they do not consider are the pains a person has to go through to become one. And the winning quality cannot always be assessed by a person's material achievements. A winning attitude scores more than all the wealth one can accrue in one's lifetime. Become a winner with a befitting attitude. And do spread the message.

## About the Author

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